

GREEN LIGHT TRUST



FREE places on our School Holiday Woodland Adventure Days available throughout the Summer Holidays in Suffolk



Ipswich



Sessions 10am - 3.00pm

We have free* sessions running throughout the Summer holidays. Our adventure days provide a fun and informative day, allowing young people aged 7 - 12 to explore, learn and have fun at our wonderful and diverse woodland venue at Castan Woods, Martlesham, Ipswich

Spending time in woodland settings reduces stress, lowers anxiety, and increases concentration levels. Away from the triggers of the everyday - children and young people have the space just to be. Our School Holiday Woodland Adventure Days are FREE* fun sessions, with a hot meal cooked over the open fire provided.

***Free places are available for those eligible under the free school meals scheme. A limited number of spaces are available for privately funded spaces.**

To book your place click the QR code below-



www.greenlighttrust.org



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