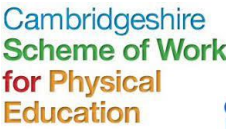


PE Curriculum

St Matthew's Church of England Primary School

Curriculum Intent At St Matthew's our curriculum is designed to build upon prior learning, improve communication skills, promote creativity, broaden knowledge and prepare pupils for life beyond school. We embrace our diversity as individuals and celebrate our unity as a caring, Christian community.	Breadth and balance We value pupils as individuals and aim to recognise their achievements in a wide range of areas. Our curriculum therefore ensures balance between academic and personal development. It gives equal importance to core and foundation subjects.	Key resources & provision Cambridge PE scheme imoves dance / gymnastics Mr Andrews: full time Sports Coach. 'Living Well Week' every other year. Links with Ipswich Town Football Club, Crown Pools and DanceEast.	Subject Leader Miss Cooper Mr Andrews Sports Coach   
Communication	• Key vocabulary is taught explicitly, such as <i>stretch, pivot, roll, target, aim, tactic, strategy, warm up, cool down etc.</i> • Instructions are clear, concise and modelled by staff and pupils to enable all children to participate fully. • Clear and explicit focus on PE learning objectives improves subject knowledge and the development of specific skills.		
Aspiration	• High expectations benefit all pupils. Gifted and able pupils are often used to demonstrate and model learning. • Pupils' potential is recognised and built upon in lessons and beyond. For example, ITFC gifted footballers. • High quality PE teaching led by our Sports Coach and staff ensures pupils receive the best possible provision.		
Creativity	• A cross-curricular approach, particularly through the teaching of dance, engages and motivates pupils. • Themes and ideas inspired by PE are exploited in other areas. For example, <i>Strictly Come Dancing</i> competition. • Lessons include opportunities for pupils to devise their own games, movements and dances.		
Knowledge of the World	• Pupils learn to engage in a range of games and sports safely and effectively. They learn about sportsmanship. • Alongside teaching in PSHE and Science, PE lessons inform pupils about the benefits of a healthy, active lifestyle. • Pupils find out which kinds of physical activity they enjoy and are encouraged to be active beyond school.		

Suggested monitoring schedule	Autumn	Spring	Summer
Work scrutiny			
Drop ins	5 6	3 4	EYFS 1 2
Pupil perceptions	3 4	EYFS 1 2	5 6

[illegible]

Year 3	Gym & Games	Gym & Games	Dance & Games	Dance & Games	Gym & Athletics	Dance & Games
Year 4	Dance & Games	Gym & Games	Dance & Games	Gym & Games	Dance & Games	Gym & Games
Year 5	Team Games & Pilates	Astronaut Circuit Training	Field Games & Viking Dance	Net Games & Gymnastics	Swimming & Athletics	Swimming & Team Games
Year 6	Swimming Tag Rugby and Football		Circuit Training Hockey and Netball		Gymnastics Rounders and Athletics	

Games: One weekly outdoor lesson taught by our Sport Coach, Mr Andrews.

Gymnastics / Dance: imoves – one weekly indoor lesson taught by the class teacher.

By the end of the year pupils will have learnt to...

- Warm up and cool down effectively.
- Use a wide range of PE equipment and apparatus.
- Learn different styles of dancing and improvise / perform their own dances.
- Participate in a wide range of team games and understand the basic rules. For example, football, basketball, tennis, hockey etc.
- Explain the benefits of living a healthy, active lifestyle and talk about the role of physical activity in promoting this.

Gym Trails: Weekly sessions to support targeted pupils to develop fine and gross motor skills. Led by Mr Andrews and Mrs Challen-Johnson.

Living Well Week: held every other year

Extra-curricular activities:

- Multi-sports Club
- ITFC Gifted Football Team
- Football
- Netball