Curriculum Intent

At St Matthew's our curriculum is designed to build upon prior learning, improve communication skills, promote creativity, broaden knowledge and prepare pupils for life beyond school.

We embrace our diversity as individuals and celebrate our unity as a caring, Christian community.

Breadth and balance

We value pupils as individuals and aim to recognise their achievements in a wide range of areas. Our curriculum therefore ensures balance between academic and personal development. It gives equal importance to core and foundation subjects.

Key resources & provision Cambridge PE scheme

imoves dance / gymnastics

Mr Andrews: full time Sports Coach.

'Living Well Week' every other year.

Links with Ipswich Town Football Club,

Crown Pools and DanceEast.

Subject Leader Miss Cooper

Mr Andrews Sports Coach

Cambridgeshire Scheme of Work for Physical Education



Communication

- Key vocabulary is taught explicitly, such as stretch, pivot, roll, target, aim, tactic, strategy, warm up, cool down etc.
- Instructions are clear, concise and modelled by staff and pupils to enable all children to participate fully.
- Clear and explicit focus on PE learning objectives improves subject knowledge and the development of specific skills.

Aspiration

- High expectations benefit all pupils. Gifted and able pupils are often used to demonstrate and model learning.
- Pupils' potential is recognised and built upon in lessons and beyond. For example, ITFC gifted footballers.
- High quality PE teaching led by our Sports Coach and staff ensures pupils receive the best possible provision.

Creativity

- A cross-curricular approach, particularly through the teaching of dance, engages and motivates pupils.
- Themes and ideas inspired by PE are exploited in other areas. For example, Strictly Come Dancing competition.
- Lessons include opportunities for pupils to devise their own games, movements and dances.

Knowledge of the World

- Pupils learn to engage in a range of games and sports safely and effectively. They learn about sportsmanship.
- Alongside teaching in PSHE and Science, PE lessons inform pupils about the benefits of a healthy, active lifestyle.
- Pupils find out which kinds of physical activity they enjoy and are encouraged to be active beyond school.

Suggested monitoring schedule	Autumn	Spring	Summer	
Work scrutiny				
Drop ins	5 6	3 4	EYFS 1 2	
Pupil perceptions	3 4	EYFS 1 2	5 6	

PE Passport / imoves: both schemes of work meet the requirements of the national curriculum and have progression built in through the year groups. PE CPD is delivered by our coach.

Year group	Autumn I	Autumn 2	Spring I	Spring 2	Summer I	Summer 2	
EYFS	Food	Favourite Stories	People Who Help Us	Transport	The Sea	Animals	
By the end of the year pupils will have learnt to • Warm up and cool down effectively. • Throw and catch with increasing accuracy. • Use a range of PE equipment including balls, bean bags, hoops and larger apparatus. • Move their bodies in different ways, including running, skipping, jumping and climbing. • Participate in different dances, following instructions and imitating moves.							

Gym & Games

Games & Dance

Fairy Tales

Gym & Games

Games & Dance

Animals

By the end of the year pupils will have learnt to...

- Warm up and cool down effectively.
- Throw and catch with increasing accuracy.

Observe the effects of exercise on their bodies.

Gym & Games

- Use a range of PE equipment including bats, balls, quoits and larger apparatus.
- Move their bodies in different ways, including running, skipping, jumping and dancing.

Games & Dance

Toys

• Participate in team games.

Year I

• Observe and talk about the effects of exercise on their bodies.

Year 2	Dance & Games	Gym & Games	Dance & Games	Gym & Games	Dance & Games	Gym & Games	
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By the end of the year pupils will have learnt to...

- Warm up and cool down effectively.
- Throw and catch with a good level of accuracy.
- Use a range of PE equipment including rackets, balls and larger climbing apparatus.
- Move their bodies in different ways, including running, skipping, jumping and dancing.
- Participate in team games.
- Discuss the effects of exercise on their bodies and why this occurs.

PE Curriculum Progression KS2

Year 3	Gym & Games	Gym & Games	Dance & Games	Dance & Games	Gym & Athletics	Dance & Games
Year 4	Dance & Games	Gym & Games	Dance & Games	Gym & Games	Dance & Games	Gym & Games
Year 5	Team Games &	Astronaut Circuit	Field Games &	Net Games &	Swimming	Swimming
	Pilates	Training	Viking Dance	Gymnastics	& Athletics	& Team Games
Year 6	Swimming		Circuit Training		Gymnastics	
	Tag Rugby and Football		Hockey and Netball		Rounders and Athletics	

Games: One weekly outdoor lesson taught by our Sport Coach, Mr Andrews.

Gymnastics / Dance: imoves – one weekly indoor lesson taught by the class teacher.

By the end of the year pupils will have learnt to...

- Warm up and cool down effectively.
- Use a wide range of PE equipment and apparatus.
- Learn different styles of dancing and improvise / perform their own dances.
- Participate in a wide range of team games and understand the basic rules. For example, football, basketball, tennis, hockey etc.
- Explain the benefits of living a healthy, active lifestyle and talk about the role of physical activity in promoting this.

Gym Trails: Weekly sessions to support targeted pupils to develop fine and gross motor skills. Led by Mr Andrews and Mrs Challen-Johnson.

Living Well Week: held every other year

Extra-curricular activities:

- Multi-sports Club
- ITFC Gifted Football Team
- Football
- Netball